

Top Logistics Tips : Things you will need

Accommodation :

- Try to get a hotel as close to your search location as possible. Amsterdam gets very full around main holidays and Queens day so beware.
- Allow for more volunteers who will come
- Try to negotiate a special group rate, given the circumstance
- Ask the hotel if they would graciously (for free) allow you access to their Business Lounge to print documents, make photocopies

Telephone Bills :

- Try to buy a local phone card/chip and insert into your usual phone
- Avoid making phone calls from your hotel room
- Be aware that during the search, you will make many more calls than usual – your operator may try to cut off your line after a certain limit, so try to call your customer service and tell them about the exceptional circumstances, to expect a high bill.

Return Flights :

- It's impossible to know how long the search will last so we recommend you book an open return where possible, or else an easily changeable ticket.

Clothing/ What to Pack :

- As you don't know how long the search will last, pack for at least 10 days.
- Bring suncream, 2 pairs of comfortable shoes, plenty of underwear
- Warm jumpers, rain jacket, scarf according to the weather
- A backpack/rucksack to carry material around at all times

IT:

- PC, charger, Tablet, music (to relax to)
- Phone with International roaming, Local phone chip, Phone charger
- Bring a camera (or even better if you have one on your phone)
- Adapter for the country you are going to

Medication :

- Bring the maximum amount of medication you are on with you and bring a prescription in case you need to get more while in Amsterdam.

Printing Flyers :

- Ask if the hotel will allow you to make copies of your flyers for free, or check out the major copy shops to large volumes. Black & White is fine.

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Receipts :

- Keep all your receipts for food, hotel, transport (including taxis) and put them in an envelope every day. This will help for sharing expenses later.

Notebooks & Pens:

- Bring/Buy a couple of notebooks and pens to take plenty of notes on the search – do not underestimate the importance of taking notes and having a pen and paper at the ready during your Search.

Food & Drink :

- Try to eat regular meals and definitely eat breakfast every day, even if you don't feel hungry
- Buy some fruit and healthy snack bars to bring with you for snacks during the day
- Bring a large bottle of water
- Avoid alcohol as it can impair your judgement and slow you down during this challenging time.

Sleep :

- Try to get a minimum number of hours sleep every night, no matter how worried or adrenalin-high you are. The more you can recuperate at night, the better you will be in the morning for another Search day.
- Try to take some short naps, whenever possible

Distractions :

- You **will** need distractions to help you relax after long days on a Search, so bring a light novel or magazines you like, films on your ipad/computer to allow you to switch off at the end of the day (there's only so much Dutch television you can watch !)

